



## **LEADERSHIP ACADEMY 2026 LEADING THROUGH CHARACTER**

---

**Title:** “Leading with Character: The Power of Character and Virtue Toward Developing Student Leaders”

**Target Audience:** High school student-athletes

**Duration:** One day, approximately 6-8 hours

### **Agenda Overview:**

#### **9:00 AM - 9:30 AM:**

- Registration and Welcome
- Activity
- Check-in, breakfast/snacks, and networking opportunity
- Welcome Speech: Brief introduction by seminar coordinator outlining the day’s objectives

#### **9:30 AM - 10:30 AM:**

- Speaker: [Prominent sports figure]
- Topic: “The Role of Character and Virtues in Leadership”
- Content:
  - The intersection of athletics and student leadership
  - How ethical decision-making shapes effective leaders
  - Real-life virtuous exemplars in sports and related fields

#### **10:30 AM - 10:45 AM: Break**

#### **10:45 AM - 12:15 PM: Breakout Session 1 (with topic examples for Sessions 1 and 2)**

##### **Session Topic #1: Empathy**

- Facilitators: [Experienced athletic, industry, civic, and/or community leader]
- Discussion on trust, accountability, and collaboration
- Interactive exercises to highlight the importance of integrity in teams

### **Session Topic #2: Humility**

- Facilitators: [Experienced athletic, industry, civic, and/or community leader]
- Explores the unique challenges of leadership within athletics and related fields
- Engages students in role-playing scenarios to practice ethical decision-making

### **12:15 PM - 1:15 PM: Lunch and Networking**

- Students will have the opportunity to network with peers and speakers.
- Encourage discussions about personal experiences in leadership roles.

### **1:15 PM - 2:45 PM: Discussion with Moderator and Guest Speakers**

- Guest speakers: Combination of the keynote, breakout session, and additional leader speakers
- Topic: "Q&A on Leadership Challenges and Ethical Dilemmas"
- Format: Moderator to lead discussion with guest speakers and facilitate questions from participants

Purpose: To provide insights from various perspectives on how to tackle real-world leadership and ethical issues

### **2:45PM – 4 PM: Breakout Session 2**

#### **Session Topic #1: Resilience**

- Facilitators: [Motivational athletic, industry, civic, and/or community leader]
- Focus upon resilience as a critical virtue for leaders
- Activities to demonstrate overcoming challenges and obstacles in leadership

#### **Session Topic #2: Integrity**

- Facilitators: [Motivational athletic, industry, civic, and/or community leader]
- Discussion on building a culture that promotes ethical behavior
- Group brainstorming on practical strategies to navigate ethical dilemmas

### **4 PM - 4:30 PM: Closing Remarks, Reflections, and Certificate Distribution**

- Activity: Students share their biggest takeaways from the seminar.
- Farewell: Thank you to speakers and participants; distribute resource materials for continued learning on character, virtues, and ethical decision making and leadership

**The cost per person:**

**\$150 Early Registration before July 1<sup>st</sup>**

**\$175 Regular Registration**